



**CIRCLE
OF HOPE**
CANCER SUPPORT CENTER

Circle of Hope's Wellness Center Calendar of Events – June 2026

Monday, June 1

****SPECIAL EVENT****

Book Club **MOVIE NIGHT** with Pam Ripling

Remarkably Bright Creatures by Shelby Van Pelt, starring Sally Field

6:00pm – 8:30pm

*Registration via SignUpGenius

Tuesday, June 2

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

Structured Effective Venting with founder Asha Blanchard

3:00pm – 5:00pm

*Registration via SignUpGenius

Peer-led Support Group with Colleen Shaffer

7:00pm – 8:00pm

*Available via Zoom & in person. Registration via SignUpGenius

Wednesday, June 3

Medical Massage Chair

2:00pm – 3:30pm

*By appointment only. Registration via SignUpGenius

Crafting with Colleen Shaffer & Jeannie Dodge

4:00pm – 5:30pm

*Registration via SignUpGenius

Thursday, June 4

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

Skin Care for Cancer Warriors with Kathleen McGraw, Esthetician
12:00pm – 2:00pm
*Registration via SignUpGenius

Structured Effective Venting with founder Asha Blanchard
3:00pm – 5:00pm
*Registration via SignUpGenius

Diamond Painting with Kathryn, COH Staff
4:00pm – 5:00pm
*Registration via SignUpGenius

Monday, June 8

Creative Expressions Group with Mary Petersen
4:30pm – 5:30pm
*Meets exclusively on Zoom. Registration via SignUpGenius

Tuesday, June 9

Medical Massage Chair
10:00am – 12:15pm
*By appointment only. Registration via SignUpGenius

Gentle Yoga with Terry Wankle
10:30am – 11:30am
*Registration via SignUpGenius

Mood Recipe™ Session 1 with founder Asha Blanchard
3:30pm – 5:30pm
*Registration via SignUpGenius

****NEW CLASS****

Learn to Watercolor Paint with Qiana Tarlow
4:00pm – 6:00pm
*Registration via SignUpGenius

Therapist-led Support Group with Cheryl Morrow, MFT
6:30 – 8:30pm
*Registration via SignUpGenius

Wednesday, June 10

Medical Massage Chair
2:00pm – 3:30pm
*By appointment only. Registration via SignUpGenius

Summer Luau BINGO with COH Staff
Come dressed in your best luau gear for added fun!
5:00pm – 6:30pm
*Registration via SignUpGenius

Thursday, June 11

Medical Massage Chair
10:00am – 12:15pm
*By appointment only. Registration via SignUpGenius

Qigong for Relaxation & Healing with Clare Crocker
2:00pm – 3:00pm
*Registration via SignUpGenius

****SPECIAL EVENT****

Double Scoop of Hope: Circle of Hope Fundraiser at Ben & Jerry's Valencia
5:00pm-10:00pm
Pick up a flyer at COH or request one by email, to show at time of purchase.

Monday, June 15

Healing Touch with Karen Nelson
1:00pm & 2:00pm
*By appointment only. Registration via SignUpGenius

Tuesday, June 16

Medical Massage Chair
10:00am – 12:15pm
*By appointment only. Registration via SignUpGenius

Peer-led Support Group with Colleen Shaffer
7:00pm – 8:00pm
*Available via Zoom & in person. Registration via SignUpGenius

Wednesday, June 17

Coloring for Relaxation with Tricia Rasplicka
12:30pm – 1:30pm
*Registration via SignUpGenius

Medical Massage Chair
2:00pm – 3:30pm
*By appointment only. Registration via SignUpGenius

The Art of Flower Arranging with Colleen Shaffer
4:00pm – 5:00pm
*Registration via SignUpGenius

Thursday, June 18

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

Skin Care for Cancer Warriors with Kathleen McGraw, Esthetician

4:00pm – 6:00pm

*Registration via SignUpGenius

Monday, June 22

Creative Expressions Group with Mary Petersen

4:30pm – 5:30pm

*Meets exclusively on Zoom. Registration via SignUpGenius

Tuesday, June 23

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

Gentle Yoga with Terry Wankle

10:30am – 11:30am

*Registration via SignUpGenius

Mood Recipe™ Session 2 with founder Asha Blanchard

3:30pm – 5:30pm

*Registration via SignUpGenius

Therapist-led Support Group with Cheryl Morrow, MFT

6:30 – 8:30pm

*Registration via SignUpGenius

Wednesday, June 24

Back Care & Restorative Yoga with Dani Ibarra

10:30am – 11:30am

*Registration via SignUpGenius

Medical Massage Chair

2:00pm – 3:30pm

*By appointment only. Registration via SignUpGenius

****NEW CLASS****

Holding Space: A Journaling Practice with Sarah Avanesian

Journaling supplies included. No experience needed.

5:00pm – 6:30pm

*Registration via SignUpGenius

Thursday, June 25

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

The Meditative Art of Jewelry Making with Holly Feneht

5:30pm – 6:30pm

*Registration via SignUpGenius

Tuesday, June 30

Medical Massage Chair

10:00am – 12:15pm

*By appointment only. Registration via SignUpGenius

Qigong for Relaxation & Healing with Clare Crocker

2:00pm – 3:00pm

*Registration via SignUpGenius

Peer-led Support Group with Colleen Shaffer

7:00pm – 8:00pm

*Available via Zoom & in person. Registration via SignUpGenius

Classes to be determined:

- “Sticking with our Friends” Sticker Art with Laura Jones
- Talking with our Bodies through Gentle Dance with Ingrid Blanco