



Circle of Hope's Wellness Center Calendar of Events – October 2025

Wednesday, October 1

Step by Step Painting with Tia Bruno

1:00pm – 3:00pm

*Registration via SignUpGenius

Jewelry Making with Holly Feneht

5:30pm – 6:30pm

*Registration via SignUpGenius

Monday, October 6

Watercolor Painting – Fall Landscapes with Maria Sleem

4:00pm – 5:00pm

*Registration via SignUpGenius

Tuesday, October 7

Essential Oil Touch with Leigh Ann Stiglich

1:00pm – 3:15pm

*By appointment only. Registration via SignUpGenius

Support Group

7:00pm

*Available via Zoom & in person. Registration via SignUpGenius

Monday, October 13

Healing Through Creative Writing with Mary Peterson

4:30pm – 5:30pm

*Meets exclusively on Zoom. Registration via SignUpGenius

Thursday, October 16

Jewelry Making with Holly Feneht

5:00pm – 6:00pm

*Registration via SignUpGenius

Saturday, October 18

Happily Ever Afternoon Tea

11:00am – 2:00pm

Tickets Still Available

Monday, October 20

Book Club with Pam Ripling

6:00pm – 7:00pm

*Available via Zoom & in person. Registration via SignUpGenius

Tuesday, October 21

Essential Oil Touch with Leigh Ann Stiglich

1:00pm – 3:15pm

*By appointment only. Registration via SignUpGenius

Support Group

7:00pm

*Available via Zoom & in person. Registration via SignUpGenius

Thursday, October 23

Group Reiki & Sound Bath with Karen Moreno-Scott

5:00pm – 6:00pm

*Registration via SignUpGenius

Monday, October 27

Healing Touch with Karen Nelson

1:00pm – 2:00pm

*By appointment only. Registration via SignUpGenius

Healing Through Creative Writing with Mary Peterson

4:30pm – 5:30pm

*Meets exclusively on Zoom. Registration via SignUpGenius

Tuesday, October 28

Crystal Energy Healing with Luisa Vaca

5:00pm – 6:00pm

*Registration via SignUpGenius

Wednesday, October 29

Back Care & Restorative Yoga with Dani Ibarra

10:30am – 11:30am

*Registration via SignUpGenius

Thursday, October 30

The Art of Flower Arranging with Colleen Shaffer

4:00pm – 5:00pm

*Registration via SignUpGenius

Class Dates & Times – Still to be Determined:

- Reiki with Toi Bartone
- Gentle Dance with Ingrid Blanco
- Swedish Message with Arlene Valenzuela
- Gentle Yoga with Terry Wankel
- Mosaic Sticker Art with Laura Jones
- Qigong for Relaxation and Healing with Clare Crocker